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|  | **Jan-19** | **Feb-19** | **Mar-19** | **Apr-19** | **May-19** | **Jun-19** | **Jul-19** | **Aug-19** | **Sep-19** | **Oct-19** | **Nov-19** | **Dec-19** |
| **Events** | National Human Trafficking Awareness Day  11th January 2019 | NSPCC Number Day  1st February | Self-Injury/ Self Harm Awareness Day  1st March  National CSE Awareness Day  18th March | Stress Awareness Month  1st April | Maternal Mental Health Month  1st May | International Day for Protection of Children  1st June | Talk to us  1st July | International Day of the Disappeared  30th August | World Alzheimer’s Month  1st September | International Day of Older Persons  1st October | National Stress Awareness Day  6th November | International Day for the Abolition of Slavery  2nd December |
| Young Carers Awareness Day  31st January | Sexual Abuse & Sexual Violence Awareness Day  4th February | University Mental Health Day  7th March | World Autism Awareness Week  1st April | National Children’s Day  12th May | Global Day of Parents  1st June | World Day Against Trafficking in Persons  30th July |  | World Suicide Prevention Day  10th September | World Mental Health Day  10th October | Anti-Bullying Week  11th November | International Volunteers Day  5th December |
|  | Children’s Mental Health Week  4th February | Disabled Access Day  16th March | Family Safety Week  1st April | Mental Health Awareness Week  13th May | Child Safety Week  3rd June |  |  | World Alzheimer’s Day  21st September | Foster Carer Appreciation Day  11th October | World Children’s Day  20h November | Human Rights Day  10th December |
|  | Safer Internet Day  5th February |  | World Health Day  7th April | Dementia Action/ Awareness Week  20th May | Men’s Health Week  10th June |  |  |  | National Adoption Week  14th October | National Adoption Day  23rd November |  |
|  | Time to Talk Day  7th February |  | Parental Alienation Awareness Day  25th April |  | Diabetes Awareness Week  10th June |  |  |  | Anti-Slavery Day  18th October | 16 Days of Action against Domestic Violence  25th November |  |
|  | You Can Care Week  25th February |  | World Day for Safety and Health at Work  28th April |  | World Elder Abuse Awareness Day  15th June |  |  |  |  | White Ribbon Day  25th November |  |
|  |  |  |  |  | Rheumatoid Arthritis Awareness Week  17th June |  |  |  |  | Carers Rights Day  30th November |  |
|  |  |  |  |  |  |  |  |  |  |  | Universal Children’s Day  20th November |  |